



FDA

U.S. FOOD & DRUG
ADMINISTRATION

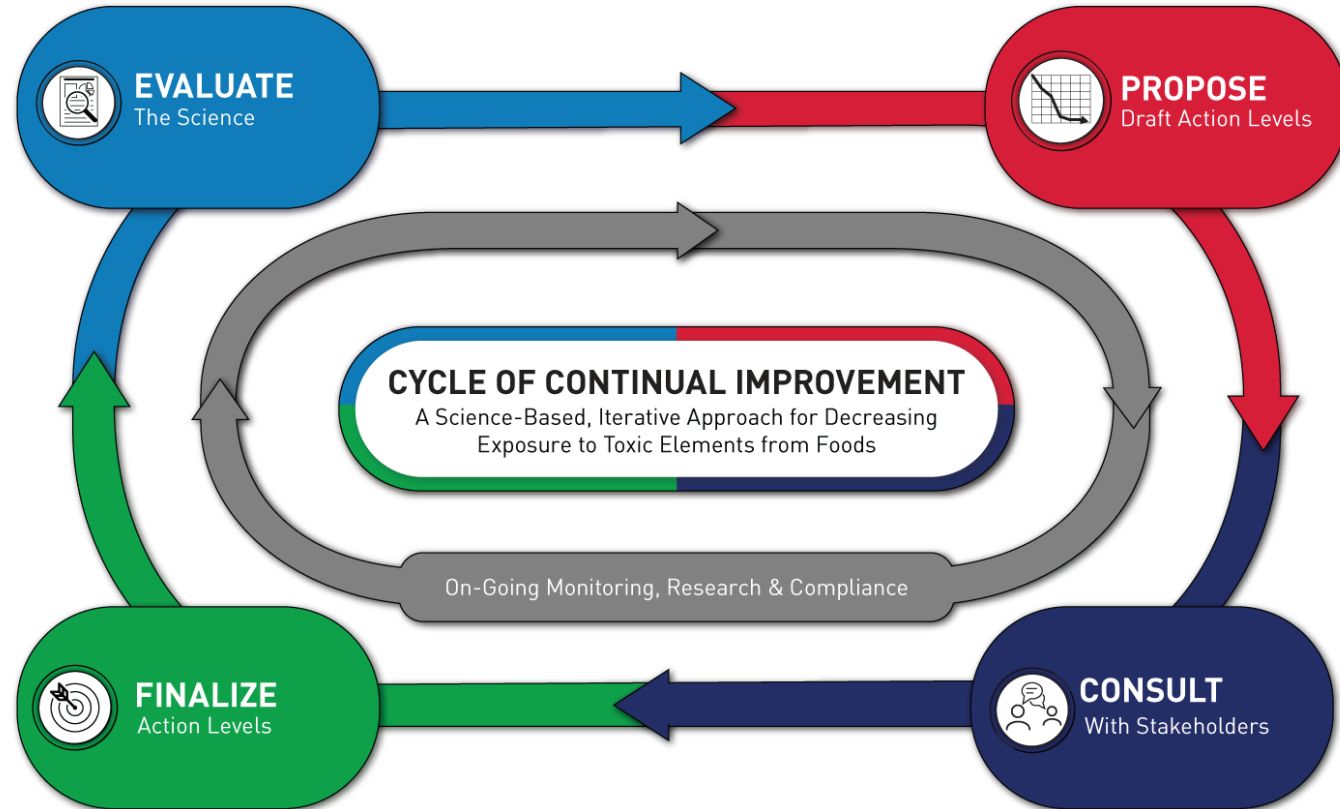
CENTER FOR FOOD SAFETY & APPLIED NUTRITION

Current approaches to quantify ultra-low (part per billion) levels of elements in foods

Patrick J. Gray
patrick.gray@fda.hhs.gov

FDA Center for Food Safety and Applied Nutrition
25 October 2022

FDA Closer to Zero Action Plan



analytical methods and data collection are involved in all 4 stages of the Closer to Zero Plan

data driven, science backed action levels require measurement at part per billion levels

Elemental Analysis: MW ICP-MS

1. Homogenize foods



Elemental Analysis: MW ICP-MS

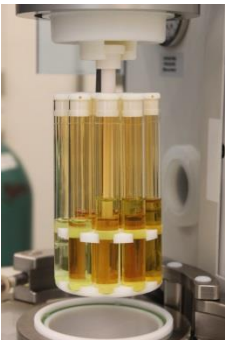
1. Homogenize foods



2. Decompose (digest) in microwave



$\text{HNO}_3, \text{H}_2\text{O}_2$
Heat

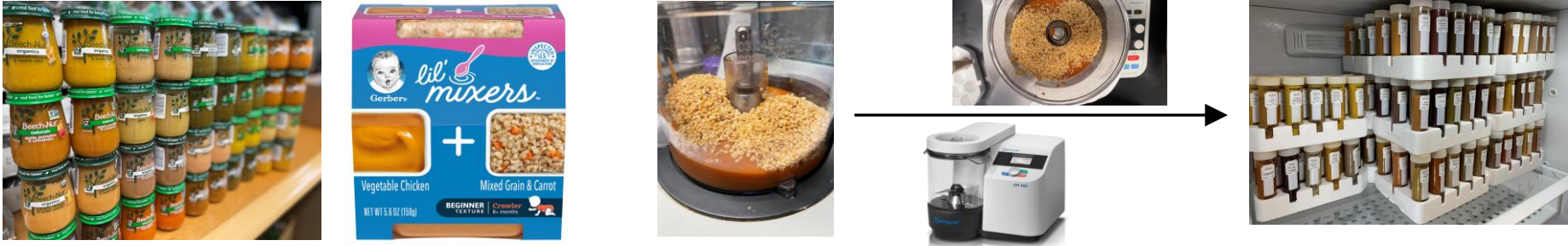


dilute

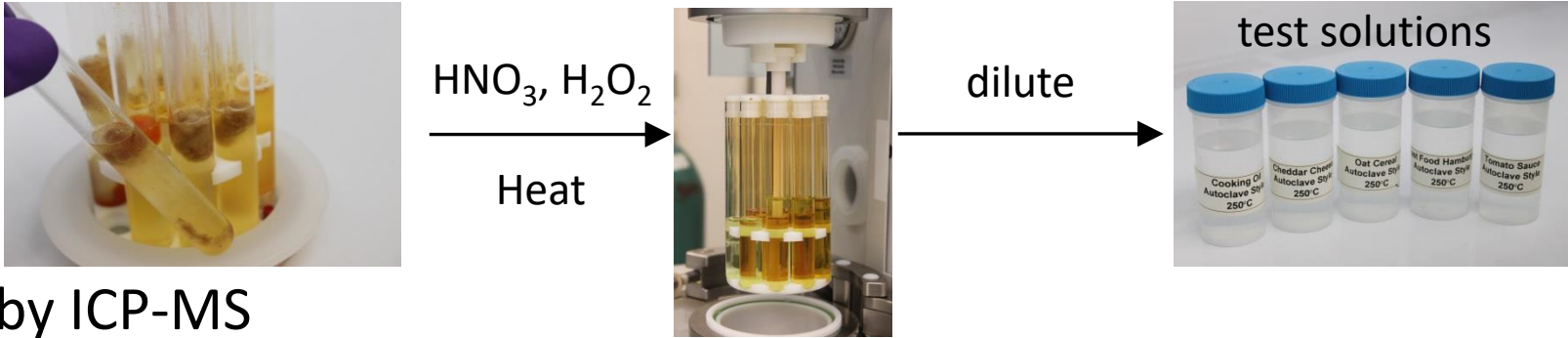


Elemental Analysis: MW ICP-MS

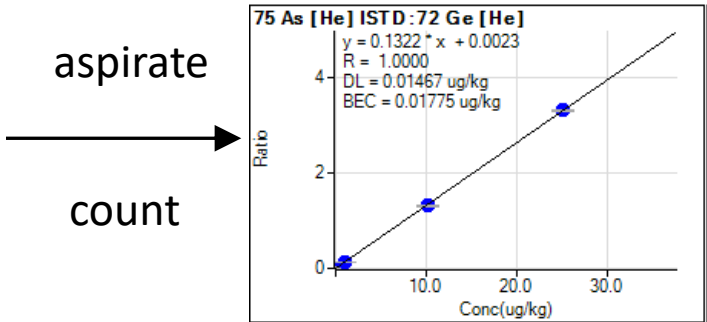
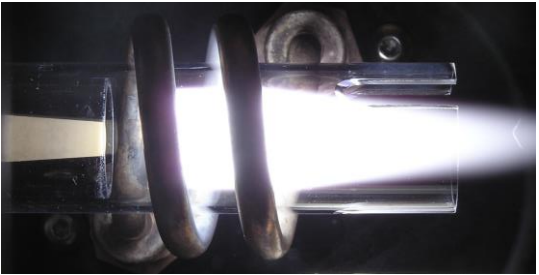
1. Homogenize foods



2. Decompose (digest) in microwave



3. Analyze by ICP-MS



external calibration
 x dilution factor

Answer!

Limit of Quantification



$$LOQ_{food} = LOQ_{test\ solution} \times Dilution\ Factor$$

Limit of Quantification



$$LOQ_{food} = LOQ_{test\ solution} \times Dilution\ Factor$$

$$LOQ_{food} = ks \times \frac{final\ mass}{digest\ mass}$$

k is a coverage factor,
often 10
FDA uses k = 30

s is the standard deviation of
method blanks

final digest dilution
mass, typically 50 g

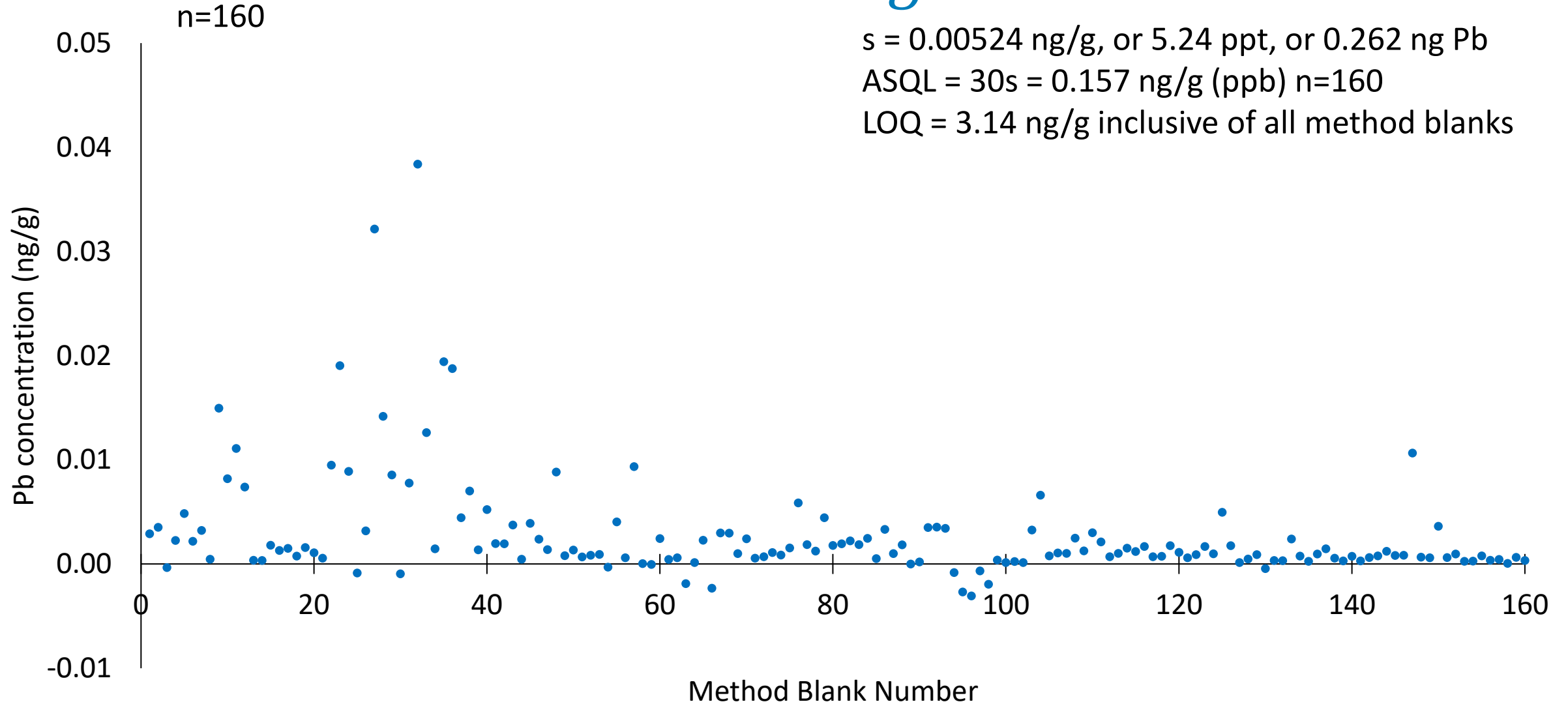
amount of food
digested (g), typically
0.5 g for dry foods, up
to 2-3 g for baby foods

$LOQ_{test\ solution}$ = Analytical solution quantification limit (ASQL)



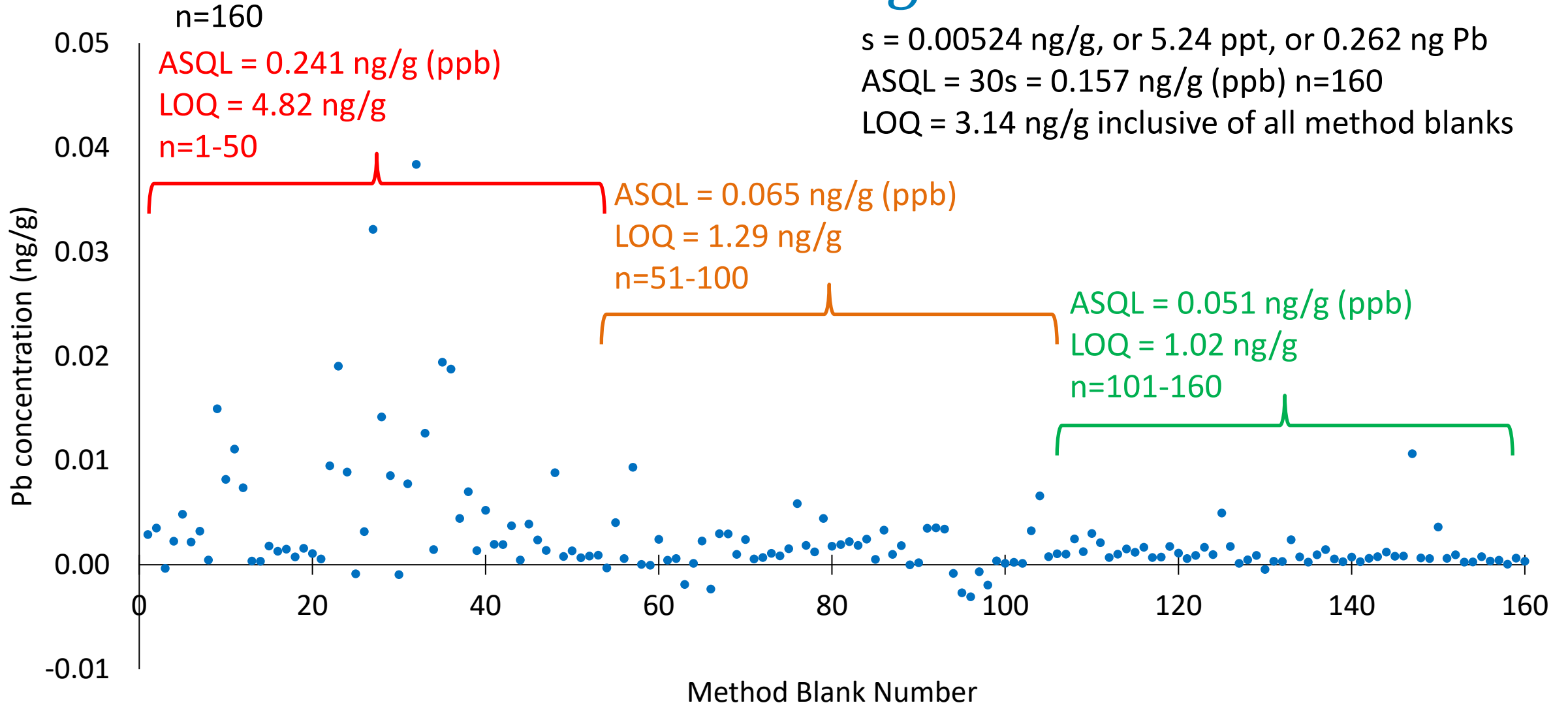
$$LOQ_{food} = ks \times \frac{\text{final mass}}{\text{digest mass}}$$

$s = 0.00524$ ng/g, or 5.24 ppt, or 0.262 ng Pb
ASQL = $30s = 0.157$ ng/g (ppb) $n=160$
LOQ = 3.14 ng/g inclusive of all method blanks



$$LOQ_{food} = ks \times \frac{\text{final mass}}{\text{digest mass}}$$

$s = 0.00524 \text{ ng/g}$, or 5.24 ppt, or 0.262 ng Pb
 $ASQL = 30s = 0.157 \text{ ng/g (ppb)}$ $n=160$
 $LOQ = 3.14 \text{ ng/g}$ inclusive of all method blanks



Limit of Quantification



Detection and Quantification limits are determined by the spread of **method** blank values

Blank values vary due to contamination

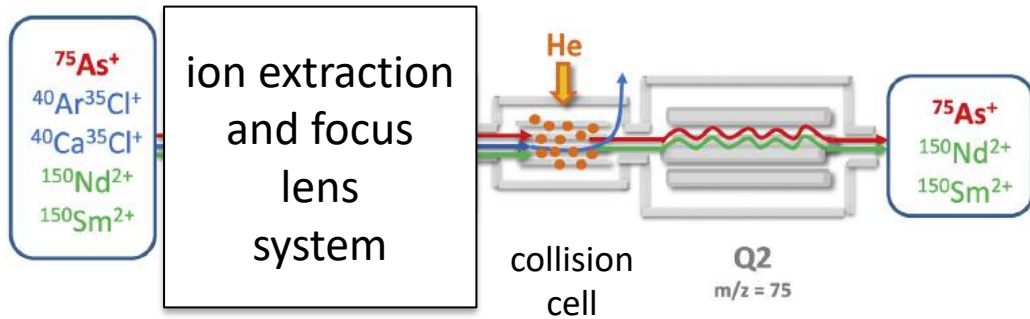
Reagent contamination (e.g. dirty, low purity acids) are uniform

It would be easy to subtract a **consistent** contamination

Contamination in elemental analysis is dominated by microwave vessels (unpredictable carryover)

What about \$\$\$ instruments?

Single Quad ICP-MS (\$)

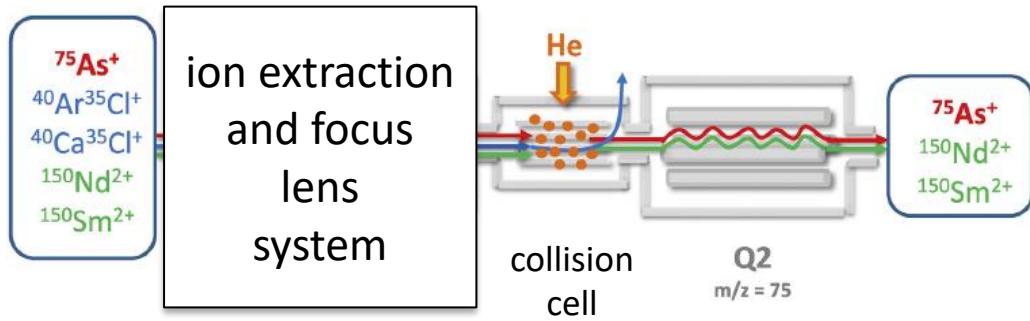


He collision gas mitigates polyatomic interferences

Triple Quad ICP-MS (\$\$\$)

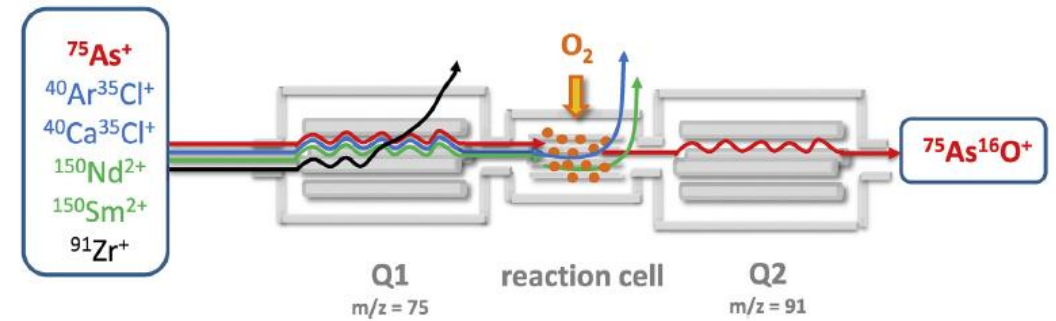
What about \$\$\$ instruments?

Single Quad ICP-MS (\$)



He collision gas mitigates polyatomic interferences

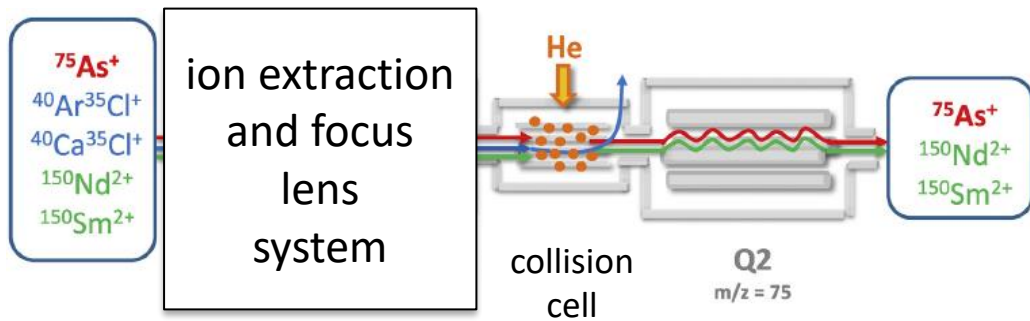
Triple Quad ICP-MS (\$\$\$)



Reaction gas (O₂) selectively reacts with interferences

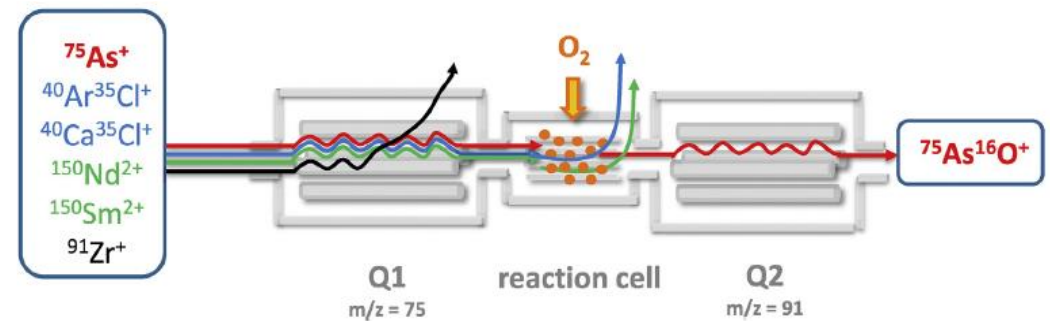
What about \$\$\$ instruments?

Single Quad ICP-MS (\$)



He collision gas mitigates polyatomic interferences

Triple Quad ICP-MS (\$\$\$)



Reaction gas (O₂) selectively reacts with interferences

ASQL (30s), n=148	Interference	ICP-MS (KED)	ICP-QQQ
⁷⁵ As	⁴⁰ Ar ³⁵ Cl ⁺	0.117 ng/g	0.108 ng/g
¹¹¹ Cd	⁹⁵ Mo ¹⁶ O ⁺	0.057 ng/g	0.052 ng/g

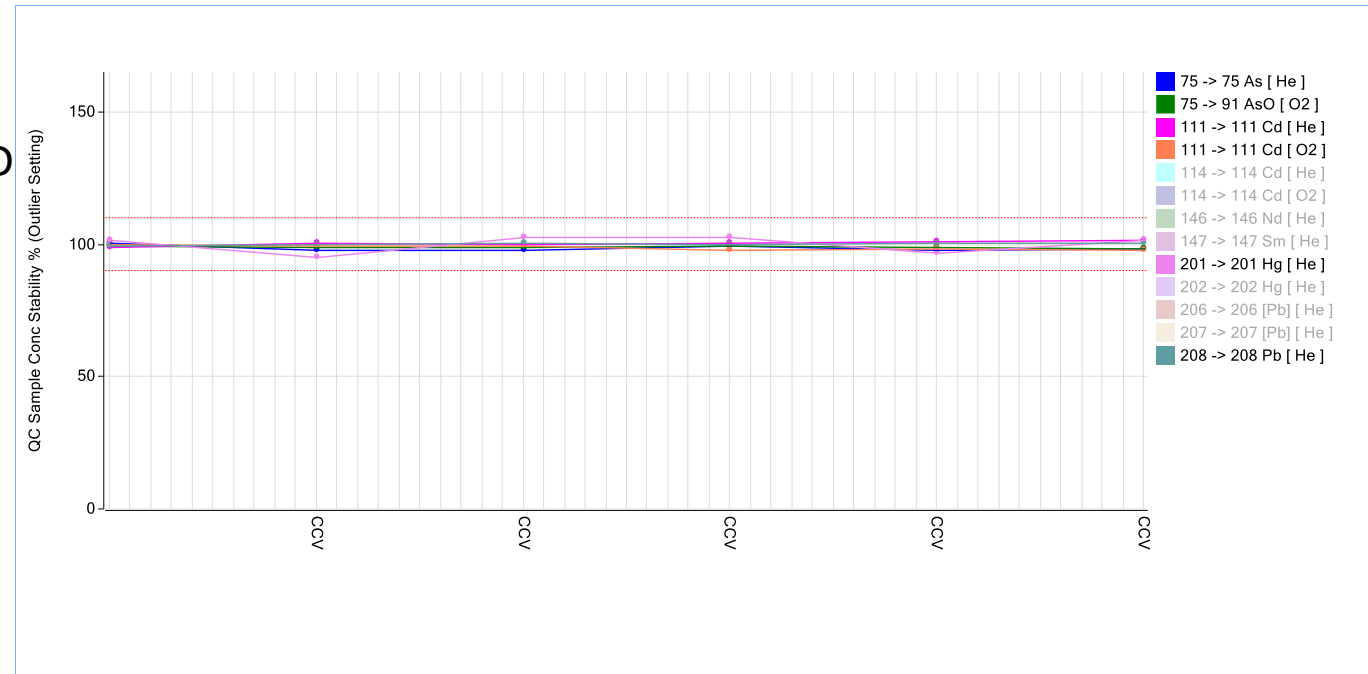
ICP-QQQ shows no improvement. Interferences are sufficiently mitigated by KED. LOD/LOQ determined by blank contamination

FDA EAM 4.7 Quality Controls



Required Quality Controls

Internal Standard recovery	60-120%
Stability check (mid-level std)	< 10% RSD
Calibration Curve	R > 0.995
Initial Calibration Verification (2 nd source)	± 10%
Continuing Calibration Blank	< ASQL
Continuing Calibration Verification	± 10%
Reference Material	± 20%
Fortified Analytical Portion	± 20%
Fortified Analytical Solution	± 10%
Duplicate Portions	< 20% RPD



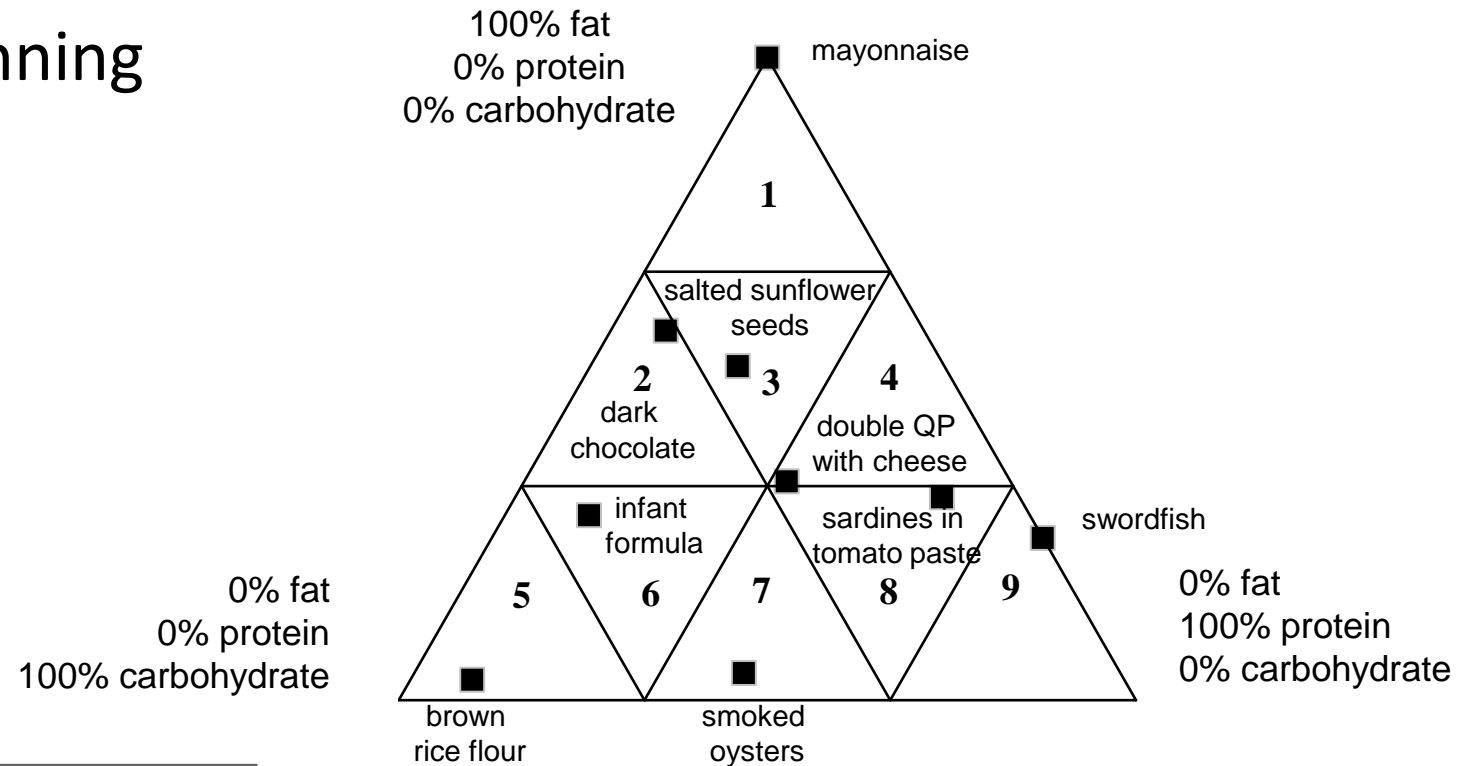
Expanded uncertainty better than ± 15% when concentration > LOQ

FDA EAM 4.7 Validation



Validated in food matrices spanning food composition triangle

Used by FDA, USDA, state lab partners, and some contract laboratories



590 GRAY & CUNNINGHAM: JOURNAL OF AOAC INTERNATIONAL Vol. 102, No. 2, 2019

RESIDUES AND TRACE ELEMENTS

Inductively Coupled Plasma Collision Cell Quadrupole Mass Spectrometric Determination of Extractible Arsenic, Cadmium, Chromium, Lead, Mercury, and Other Elements in Food Using Microwave-Assisted Digestion: Results from an FDA Interlaboratory Study

DOI: <https://doi.org/10.5740/jaoacint.18-0129>

FDA EAM 4.7 Validation



Z-score Distribution (cumulative all food results >LOQ)

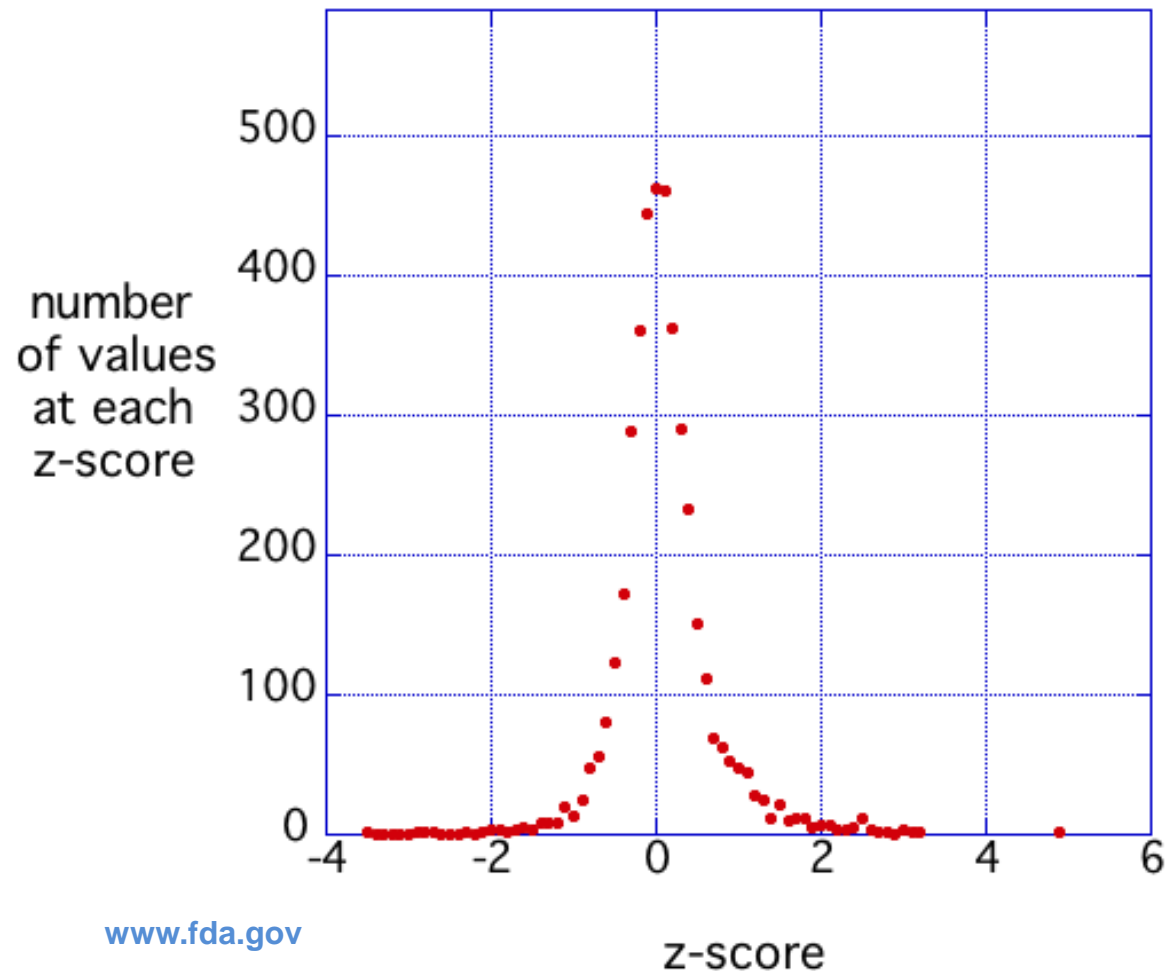
Total 4206 food analysis results above LOQ

Normal random distribution
(Gaussian fit $R=0.99$)

93.1% of results $-1 < z < +1$

98.5% of results $-2 < z < +2$

99.4% of results $-4 < z < +4$



AOAC methods



FDA EAM 4.7

MLV in across all food groups

LODs

(for baby foods)

As: 0.25 $\mu\text{g}/\text{kg}$ (ppb)

Cd: 0.15 $\mu\text{g}/\text{kg}$ (ppb)

Pb: 0.35 $\mu\text{g}/\text{kg}$ (ppb)

Hg: 0.08 $\mu\text{g}/\text{kg}$ (ppb)

AOAC 2013.06

AOAC 2015.01

AOAC methods

FDA EAM 4.7

MLV in across all food groups

LODs

(for baby foods)

As: 0.25 µg/kg (ppb)

Cd: 0.15 µg/kg (ppb)

Pb: 0.35 µg/kg (ppb)

Hg: 0.08 µg/kg (ppb)

AOAC 2013.06

MLV in carrot, fish, mushroom, wheat, shellfish

LODs

As: 60 µg/kg (ppb)

Cd: 30 µg/kg (ppb)

Pb: 40 µg/kg (ppb)

Hg: 90 µg/kg (ppb)

AOAC 2015.01

AOAC methods

FDA EAM 4.7

MLV in across all food groups

LODs

(for baby foods)

As: 0.25 µg/kg (ppb)

Cd: 0.15 µg/kg (ppb)

Pb: 0.35 µg/kg (ppb)

Hg: 0.08 µg/kg (ppb)

AOAC 2013.06

MLV in carrot, fish, mushroom, wheat, shellfish

LODs

As: 60 µg/kg (ppb)

Cd: 30 µg/kg (ppb)

Pb: 40 µg/kg (ppb)

Hg: 90 µg/kg (ppb)

AOAC 2015.01

SLV* in infant formula, chocolate, rice flour, fruit juice

LODs

As: 4 µg/kg (ppb)

Cd: 2 µg/kg (ppb)

Pb: 8 µg/kg (ppb)

Hg: 6 µg/kg (ppb)

* not multi-lab validated

Conclusions



Detection and Quantification limits (LOD/LOQ) are determined by the **spread of method** blank values

Effort required to quantify low ppb As, Cd, Pb, Hg

Validated methods needed to support Closer to Zero effort

FDA

**U.S. FOOD & DRUG
ADMINISTRATION**

CENTER FOR FOOD SAFETY & APPLIED NUTRITION